



COLLEGE SUCCESS AND STUDY HABITS

A LECTURE BY COUNSELOR ROBERTO ALVARADO

College is hard. The mistake we all make is not realizing that we must change some of our habits and behavior to become successful college students. We will talk about the obstacles that we and life put in front of us and how to overcome them.

Learn how to incorporate some positive study habits and skills that will change your life and help get those good grades.

ABOUT ROBERTO

Roberto Alvarado was born and raised in Lake County. He graduated from Kelseyville High School in 1994. Alvarado attended UC Berkeley and received his Bachelor's degree in Social Welfare with an emphasis in Sociology in 1999. He went back to school in 2010 to get a Master's degree in Social Work from San Jose State University while he was working full time, as a first generation, low-income college student. Being the first in his family to go on to college and coming from a low-income background, Alvarado knows what it is like to encounter obstacle and challenges in higher education. He thinks he made a lot of mistakes throughout his educational journey, and he is here now working with students to help, support, and inform them so that they don't make the same mistakes.

Friday, February 25 2022

10:00am-12:00pm

<https://santarosa-edu.zoom.us/j/97658393141>